

# ALMOND-BANCROFT SCHOOL DISTRICT NEWSLETTER 1336 ELM ST

ALMOND, WI 54909 PHONE 715-366-2941 FAX 715-366-2940 WWW.ABSCHOOLS.K12.WI.US

February 2018

# <u>Dates To</u> <u>Remember</u>

2/21-Board Of
Education Meeting,
6:30 p.m.,
Board Room

2/23-No School, In-Service

2/26-Parent-Teacher Conferences, 4:00-7:30 pm

3/1-Parent-Teacher Conferences, 4:00-7:30 pm



### Almond-Bancroft School District

Richard Hanson District Administrator

> Jeff Rykal PK-12 Principal

Sandra Ciula PK-12 Dean of Students

Andria Bena Special Ed Director/ Psychologist

### School Board

President:
Bonnie Warzynski
Vice President:
Roy Danforth
Treasurer:
John Ruzicka
Clerk:
Kim Weiss
Directors:
Debbie Bradley
Keith Dernbach
Eugene Fosmire

# Notes from the Administrator....



It's time to "rewire the house" By Superintendent Rich Hanson

If you have ever rewired an old house, you know one of the most disheartening things is that you really don't see the improvements when the project is completed.

When you turn on the light switch, it works just as it did before the changes. You may notice that instead of changing a fuse when it blows, you only need to flip the circuit breaker. But the most important change isn't visible: a safer house with better service.

Passage of an operating referendum is very similar to the rewired house. If you stand back and look at the school building from the outside, you may not see much difference.

But when you look "inside the walls" there are significant pieces of our district's mission and expectations that will remain and improve if our referendum is approved on April 3<sup>rd</sup>.

We will be able to update our curriculum (what we teach our kids) and our instructional practices (how we teach our kids). Just like almost all other areas in society, how we educate our children is continually evolving, and we need to stay up to date.

We will be able to continue our technology improvements and growth. The technology referendum that was passed five years ago is expiring at the end of our current school year and in order for our children to be career and college ready when they graduate, we need to continue to support our technology growth.

In order to provide high quality education, we must have high quality teachers to provide instruction. It is a challenge in this very competitive market to attract quality teachers. In order to bring in and retain good teachers, we must be competitive with our compensation.

Our school building is currently in good condition. In order to keep it that way, we must continue to do the maintenance and upkeep.

With the retirement of our annual \$451,000 building debt and the expiration of our \$75,000 technology referendum this year, passage of a reoccurring \$525,000 operational referendum will result in no increase to the school tax rate. **The school tax rate will not go up.** 

Why do we need this money now? Why were we able to update curriculum, pay teachers and keep our buildings up to date without asking for money from district residents in a referendum before?

The fact is that we do not receive as much money from the state as we did in the past. We are told that we must pay for what our district needs, but we just don't have the money to fund everything.

We have done our best to cut the budget and delay improvements so we don't have big tax increases. We have dipped into our fund balance – a savings account of sorts used to pay bills while we wait for tax revenue – in order to provide education for our students.

And we have put some needed upgrades on the back burner. Among them:

- Delayed revising curriculum and purchasing instructional resources and equipment
- Delayed replacing outdated and worn maintenance equipment
- Fallen behind significantly among area school districts in teacher compensation
- Delayed training to improve instructional practices

The administration and School Board have worked hard to hold the line on school taxes. But we have reached the point when we must decide if we are going to invest in the future of our community, families and children, or if we are going to only provide the bare minimum to get by.

We can no longer offer all of our school programs and small class sizes without additional help from the community. Passing the referendum on April 3<sup>rd</sup> will allow this district to move forward without raising the school tax rate.

If you would like to get more information on the referendum or have comments, please contact me by calling 715 -366-2941 extension 418 or by emailing rhanson@abschools.k12.wi.us. You can also contact the members of the Almond-Bancroft School Board Referendum Information Committee, Debbie Bradley (dbradley@ abschools.k12.wi.us), Bonnie Warzynski (bwarzynski@ abschools.k12.wi.us), or Kim Weiss (kweiss@ abschools.k12.wi.us).

# **Important Dates/Changes:**



**PROM Date has Changed:** This year, due to scheduling conflicts, PROM will be moved back a week to Saturday, May 5, 2018. The Junior Class will be planning the events for the day. Schedule for the Dance and Grand March will be publicized at a later date. Please make sure to plan accordingly: if reservations have been made for the previous date, make sure to revise your plans.



Senior Trip: The graduating class of 2018 will be having their senior trip on April 27, 28, and 29th. They will be going to the Chicago area.



Senior Graduation: Almond-Bancroft Seniors will be graduating on Friday, May 25, 2018. The ceremony begins at 7 PM in the West Gym. Just a reminder that the Board of Education moved the graduation ceremony from Sunday afternoon of Memorial Day Weekend to the Friday evening of that same weekend.

### Almond-Bancroft School District Vision Statement

We are a collaborative community focused on continued growth in opportunities, choices, and expectations for all students. We prepare selfmotivated and responsible students to become well -rounded and successful citizens.

### Almond-Bancroft School District Mission Statement

The Almond-Bancroft School District, with support of families and community members, will provide a safe and supportive learning environment, which challenges and prepares each student for success today and tomorrow.

# Sharing of Oplatek, and So Much More!

Annual Almond-Bancroft / Gulcz, Poland Skype Christmas Visit



On the morning of December 19th, the 1st through 4th grade students gathered in the library for the annual Almond-Bancroft / Gulcz School Christmas Program. We were also joined by special guests Gayle Phillip, the president of the Polish Heritage Awareness Society; Mr. Rykal; Mr. Hanson; Bonnie Warzynski and Kim Weiss, board members; Stevens

Point's mayor, Mr. Mike Wiza; and other honored

guests to enjoy the festivities.

For the past five years, our students have been Skyping with the Polish students at Szkoła Podstawowa to share about the two cultures. This year, the 4th grade students shared about holiday

traditions in the United States. They shared about Christmas dinners, songs, books, gift exchange, and Hispanic traditions. The Gulcz students shared their Christmas traditions, as well as traditional Polish songs, and the play Snow White. At the end, the students had a chance to wish one another a Merry Christmas with a traditional Polish oplatek and try some Polish sweets.



The students worked hard to learn a few Polish Christmas songs, thanks to Litka Szczepanska and Gary Ciula, who helped with translation and

pronunciation. We'd also like to thank Mrs. Frank who taught the students some of the music in her class. With the help of so many people (too many to list) the program came together nicely. "It was a wonderful program. I was very impressed with all your students. Those who sang the Polish songs and told about the US customs did a great job." Gayle Phillip shared.

The group plans to Skype again this school year to continue sharing. Our middle school students are writing letters to the English

class in Gulcz to share more detail about what it's like to be a student here. We have been fortunate to have such a fantastic connection with this school!

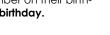
Please view our Almond-Bancroft School Facebook page for more photos from the event. If you are interested to learn more or would like to participate in a Skype session, please contact Mrs. Brenda Ramczyk (bramczyk@abschools.k12.wi.us) or Mrs. Amanda Negro (anegro@abschools.k12.wi.us).

Wesołych Świat, Mrs. Ramczyk and Mrs. Negro



# SINGING BIRTHDAY GRAMS

ABHS Student Council will deliver a singing birthday gram to your favorite Student/Staff member on their birthday during 8th hour! Please allow a 24 hour notice before delivery to guarantee delivery on birthday.



These are packages you may select from:

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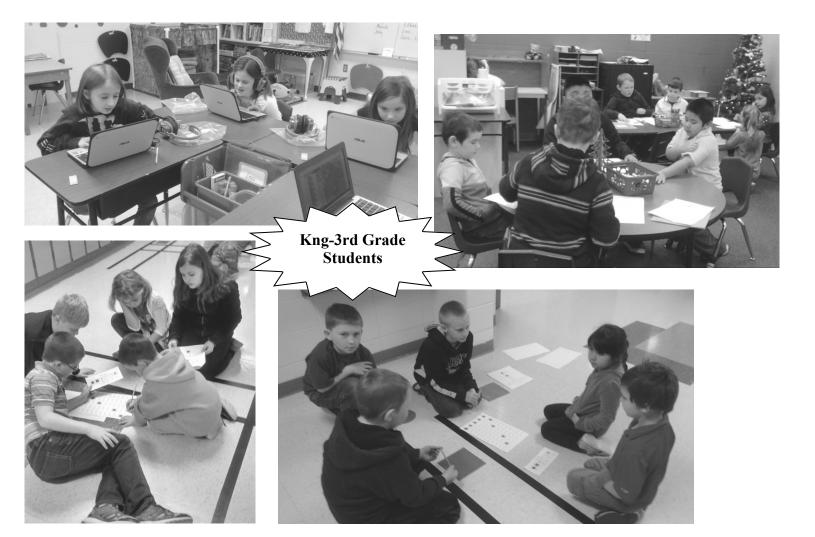
# Almond-Bancroft students of all ages participate in the Hour of Code<sup>TM</sup>

The Hour of Code<sup>TM</sup> is an annual global campaign introducing students to computer science via a one-hour coding activity during Computer Science Education Week. Computer Science Education Week occurs annually during early December in recognition of the birthday of computing pioneer Admiral Grace Murray Hopper, born on December 9, 1906. Spearheaded by Code.org and Computer Science Education Week, the Hour of Code<sup>TM</sup> has reached tens of millions of students in 180+ countries learning in over 45 languages with the support of over 400 partners and more than 200,000 educators worldwide. Having both "unplugged" and "plugged-in" self-guided coding activities for every age and experience-level from kindergarten and up, the Hour of Code<sup>TM</sup> was "designed to demystify computer coding, to show that anybody can learn the basics, and to broaden participation in the field of computer science".

After having participated in their own Hour of Code<sup>TM</sup> activities in their 3<sup>rd</sup> grade classrooms, Mrs. Doede's and Mrs. Reyes' 3<sup>rd</sup> grade students paired up with Mrs. Ramczyk's and Ms. Richter's 1<sup>st</sup> grade students for a 1<sup>st</sup> grade Hour of Code<sup>TM</sup> activity. Later, the 3<sup>rd</sup> graders paired up with Mrs. Gardner's and Mrs. Wimme's Kindergarten students for a Kindergarten Hour of Code<sup>TM</sup> activity! Mrs. Blanke's and Mrs. Perzinski's 2<sup>nd</sup> grade students, Mrs. Karch's 4<sup>th</sup> grade students, Mr. Collins' 5<sup>th</sup> grade students, and Mr. Seymour's 7<sup>th</sup> and 10<sup>th</sup> grade students all participated in various Hour of Code<sup>TM</sup> activities as well.

Minecraft cities were built; Star Wars droids dodged obstacles; Anna and Elsa glided through the Frozen beauty of ice; Google logos were created; Robots rattled; Flappy Birds flew; Pac-Man chomped; Pictures and designs came to life! Overall, students and teachers learned a lot and had a blast participating in the Hour of Code<sup>TM</sup>.

If YOU or your student(s) have some time and want to explore the world of coding: go to **code.org**, scroll down and click "Hour of Code" in the teal colored box, select your "Grade" and "Experience" levels, scroll through and choose an activity, and then be prepared to have some fun! Coding isn't just for students!







7th Grade Students

10th Grade Students



# 4th Grade Students



**5th Grade Students** 



### **ATTENTION**

If your child is absent from school, please call the Attendance Office at 715-366-2941 extension 313 before 9:00 a.m.



## **AUSENCIAS**

Si su hijo(a) esta ausente usted es responsable de llamar la Escuela de Almond-Bancroft antes de las

9:00 a.m.

al 715-366-2941 Ext. 101

# **Reading Nook**

### Become a Fan

As your readers bring home books from their classrooms and the library, pay attention to what they are bringing home. Ask your child how they feel about the book(s) and share why they like or dislike the book. As you have these conversations you will see that your child will develop a love for particular authors and illustrators, topics, or series, Nurture his/her interests.



You can encourage your child's interests and fan-ship by reading what they are reading. There are amazing books that are great for both children and adults. You can make it like an informal "book club" to discuss characters, plot twists and turns, and the exciting facts they are reading about. It make your child feel values and encourage good reading habits. Also, help your child write a letter to her favorite author. Many authors have their own websites with contact information. You can also contact the book's publisher, the mailing address for which can often be found on the back of the title page or on the publisher's website. I have done this myself, and received answers back- it's very exciting for a fan of an author or series!

# **Elementary Read Across America 2018**

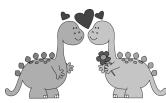


Mark your calendars! The annual Read Across America celebration of reading and Dr. Suess' birthday will happen on Friday, March 2nd. Watch the newsletter, Facebook, and classroom handouts for more details.

Happy Reading! Mrs. Negro

# Attention Almond Friends and Family:

The ABHS Student Council will be selling Valentines candy grams again!.



Starting Wednesday January 31st and continuing through Wednesday February 14th. Students can purchase candy grams during their lunch hour. Candy grams will be delivered at the end of the day on February 2nd, 9th and the 14th. (If students are absent they will be delivered that next delivery day). Please fill out the form below and return to office or Mr. Nowinski the Student Council advisor.

Total enclosed made out to AB Schools: \$

### Almond-Bancroft Student Council Valentine's Day Candy Grams for Sale!

	y Candy Grams all of February! Starting on January 31st. Students can pur Candy Grams will be delivered on February 2nd, 10th and Valentine's Day
Person items delivered to:	Teacher/ Grade:
Special Message:	
	<u> </u>
Number of: Real Roses \$3 ea (only	delivered on 2/14, must order by 2/8
	Valentine Plush Toy \$2 ea Chocolate Roses \$1 ea
Heart Sucker \$0.50 ea	Rock Candy Sucker \$1 ea Cotton Candy \$3 ea



A Muningocaccal Disease Prevention Compaign from the National Association of School Nurses

In collaboration with Sanofi Pasteur

# What is meningococcal meningitis?

Meningococcal disease, which includes meningococcal meningitis, is a serious bacterial infection that strikes between 800 and 1200 Americans each year. Although rare, meningococcal disease can cause meningitis, swelling of the tissues around the brain or spinal cord; bacteremia, a severe blood infection; or pneumonia. Vaccination has been available for years and is a safe and effective way to help protect against this potentially devastating disease.

# Who is at risk for getting meningococcal meningitis?

Although the disease occurs in all age groups, infants, adolescents and young adults, and people 65 years of age and older are at increased risk of contracting meningococcal disease.

### How do you get meningococcal meningitis?

The bacteria that cause meningococcal disease are spread through respiratory droplets and direct contact with respiratory secretions. Common everyday activities can facilitate this spread, including kissing; sharing utensils and water bottles; and being in close quarters, such as living in a dormitory or staying at a sleep-away summer camp. Fatigue may also put people at greater risk of meningococcal disease, possibly by weakening the immune system.

# What are symptoms of meningococcal meningitis?

Meningococcal meningitis can be hard to recognize, especially in its early stages, because symptoms are similar to those of more common viral illnesses. But unlike more common illnesses, the disease can progress quickly and may cause death in as little as 1 day. Symptoms may include high fever, severe headache, stiff neck, confusion, vomiting, exhaustion, and/or a rash.

# Get the Facts



Although rare, meningococcal meningitis is serious and can potentially cause the death of an otherwise healthy young person within as little as 1 day after symptoms first appear. About 10 to 15 percent of the 800 to 1200 Americans who get meningococcal disease will die. Nearly 1 in 5 survivors are left with serious medical problems, including: amputation of arms, legs, fingers, or toes; neurological problems; deafness and kidney damage.

# How can you help prevent your child from developing meningococcal meningitis?

Data from the Centers for Disease Control and Prevention [CDC] have shown that, following infancy, there is a second peak in meningococcal disease incidence among adolescents and young adults between 16 and 21 years of age. Even though the disease is rare, it can result in severe, permanent disabilities and death, so it is important to take every precaution to help protect against it.

To help protect against meningococcal disease, the CDC's Advisory Committee on Immunization Practices (ACIP) recommends routine vaccination of adolescents 11 through 18 years of age (a single dose of vaccine should be administered at 11 or 12 years of age, with a booster dose at 16 years of age for children who receive the first dose before 16 years of age).

Getting the booster, which is recommended by the CDC but not required in many states, is a critical step when it comes to following the recommended vaccination schedule. The booster helps provide protection through adolescence into young adulthood, which is a time when the risk of meningococcal disease tends to increase.

Talk to your child's school nurse or health care provider about meningococcal meningitis prevention and visit www.Facebook.com/VoicesofMeningitis for more information.

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# Eagles Athletic **Events**

# EAGLES SPURTL

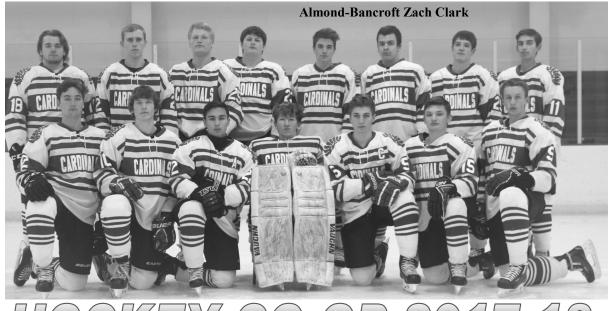
- 2/1-HS Girls Basketball @ Pittsville, 7:00 pm
  - -MS Girls Basketball home vs. Port Edwards, 5:00 pm
- 2/2-HS Boys Basketball home vs. Pittsville, 6:00 pm
- 2/3-HS Wrestling Conference Tournament @ Manawa, 10:30 am
- 2/5-MS Girls Basketball @ Rosholt, 5:00 pm
- 2/6-HS Girls Basketball Home vs. Pacelli, 7:00 pm
  - -HS Boys Basketball @ Pacelli, 6:00 pm
  - -Hockey Co-op @ Ice Hawk Arena, 7:00 pm
- 2/8-MS Girls Basketball home vs. Tri-County, 5:00 pm
  - -HS Girls Basketball home vs. Gresham, 7:00 pm
- 2/9-HS Boys Basketball @ Gresham, 6:00 pm

2/10-HS Wrestling Regionals home, 10:30am.

- 2/12-MS Girls Basketball @ Pittsville, 5:00 pm
  - -MS Wrestling Invite @ Necedah, 5:30 pm
- 2/13-MS Girls Basketball home vs. St. Peter, 5:00 pm
- -HS Boys Basketball Home vs. Westfield, 6:00 pm
- 2/15-MS Girls Basketball Home vs. Westfield, 5:00 pm
  - -HS Girls Basketball home vs. Wild Rose, 7:00 pm
- 2/16-HS Boys Basketball home vs. Wild Rose, 6:00 pm
- 2/19-MS Girls Basketball @ Wild Rose, 5:30 pm
- 2/22-HS Boys Basketball home vs. Port Edwards, 6:00 pm

FRONT ROW: Josh Bandy (AMH), Griffin Firkus (AMH), Richard Zupan (PAC), Trevin Milbauer (PAC), Daniel Mitch (PAC), Nick Hasler (PAC), Brad Maes (PAC) BACK ROW: Bryce Huettner (IOLA), Seth Shulfer (PAC), Carter Snyder (IOLA), Mason Bushman (ASSMPTN), Wes Kussow (PAC), Zach Clark (ALM/BAN), Shane Tryba (PAC),

Cale Kubisiak



# (ASSMPTN)

-1	#	Name	GP	G	A	PTS	SOG	SOG %	PPG	PPA	SH	SHA	PEN	PIM	+/-	GW	FG	AVG F
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	16	Zach Clark	16	1	2	3	1	100.0	0	0	0	0	8	19	0	0	1	0.3



# **Events at the Almond Branch Library** 122 Main St., Almond 715-366-2151 www.pocolibrary.org

Hours: Sat. - Mon.: Closed, Tues.: 10-1:30 and 2-6, Wed-Fri: 2-6.

Closed Dec. 24-26 and Dec. 30-Jan. 2

Storytime for babies, toddlers, and preschoolers will be February 6, 12, 20, and 26; and March 6, 12, 20, and 26 at 10:00 AM in Ms. Miller's 4K classroom.

After school at the library for elementary-age kids: Visit Sky the Library Dog Wed. February 28 and Wed. March 28 from 2-6 PM. On Fridays, enjoy Brick Builders Legos (Feb. 16 and March 2) and other activities including game days and crafting. Make valentines for your friends and for local homebound senior citizens February 9 from 2-6 PM. Supplies are limited, so please register at the library or by calling 715-366-2151.

For information about book club, social hour, and other events for adults, please call the library or visit www.pocolibrary.org.

### THE ABHS MUSIC DEPARTMENT NEEDS YOUR HELP!!!!!!!

**Saturday, February 24, 2018** marks a big day in the music schedule of Almond-Bancroft Schools. On that day our school will host the CWC Division 2 District Solo & Ensemble Festival. In order to make this event a successful and memorable experience for our students we will need many volunteers to act as room chairmen, office workers, door monitors, hospitality providers, kitchen help, set up and take down teams. We are looking for people who can help for the full day or half-day, but even those people who can spare a couple of hours will be greatly appreciated!

Please sign the form below and return it to the school by mail, with your child, or you can email Mrs. Frank at <a href="mailto:cfrank@abschools.k12.wi.us">cfrank@abschools.k12.wi.us</a>.

Your help and support will make this event most success	sful!
Thank you, Crystal Frank - K-12 Vocal Music Director - Festival Ma	anager
**************	**************
I would love to help!	
I will be available to help set-up on Feb.	. 23, 2018
I will be available all day Feb. 24, 2018	
I will be available on in the morning Feb	b. 24, 2018
I will be available only in the afternoon	Feb. 24, 2018
t will be available for the hours:t	to
I will be available for tear down on Feb.	2, 2018
Volunteer's Name	Address & Phone Number
Please use the following space to give any information n like to watch perform or any other information that we n	needed such as preferred job, lifting restrictions, students you would may need to know!





# Almond Area Arts Alliance Scholarship Fundraiser

Saturday February 24<sup>th</sup>

(during Solo & Ensemble)

Fresh cooked Papa Murphy's Pizza & Subway Sandwiches

Available in the Cafeteria - 10am until?

## **Almond Area Arts Alliance**

**Wanted:** Those old instruments you have tucked away in closets and attics, taking up space and collecting dust. Please contact Mary Nowinski at <u>715-366-2941</u>, Heidi Iwanski at hi-d@mail.com, or Sara Williams at sdrmolka@gmail.com if you are interested in donating or have questions.



### Eat Breakfast at School!

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus comes...or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

Breakfast is served at school! School breakfast will energize your child's day and provide them with a healthy start. A nutritious breakfast helps students be more alert so they can learn more in class, and has plenty of vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. If you qualify for free and reduced price meals, you also qualify for the breakfast program, with no additional paperwork. You can't find a healthy breakfast at such a low cost anywhere else.

So help your child start the day right with school breakfast!

# Desayuno en la Escuela!

Las mañanas pueden ser algo difíciles...la alarma no suena...los niños no se quieren levantar...no hay tiempo para desayunar, el bus ya va llegando...o quizás los niños no tienen hambre. O tal vez el joven se lleva un chocolate y una soda para comer en camino a la escuela. Si esto pasa en tu casa, itenemos buenas noticias!

¡Los niños pueden desayunar en la escuela! Sus niños pueden comenzar el día saludablemente al comer el desayuno en la escuela. Un desayuno saludable ayuda a los estudiantes estar más alertos, y así aprender más. El desayuno tiene vitaminas y nutrientes para un cuerpo fuerte y saludable.

Y el desayuno en las escuelas no cuesta mucho. Si ya calificas para comidas gratis o comidas a precio reducido, también calificas para el Programa de Desayunos Escolares, y no tienes que llenar más formularios. No encontrarás un desayuno saludable a tan bajo precio en otro lugar.

¡Ayuda a tu niño a comenzar el día bien con desayunos escolares!

# **Almond-Bancroft Wellness Corner**

With a focus on wellness throughout the district, we have updated our district wellness plan. The wellness policy can be found on our district web site, www.abschools.k12.wi.us. Hover over the District tab, click on Board of Education, School Policies, Series 400-Students, and then 458 Wellness Policy.

As part of this, the wellness committee would like to reach out and provide ideas for wellness to the community, as well as recognize any upcoming events surrounding wellness. We also plan to provide you with one healthy recipe in each news letter.

In order to best serve our community, please send any comments, suggestions, questions, upcoming events, or healthy recipes of your own to the committee by contacting Stephanie Reyes, sreyes@abschools.k12.wi.us or Trina Warzynski, twarzynski@abschools.k12.wi.us.

### Granola Bars Recipe courtesy of Alton Brown Show: All-Star | Episode: All-Star Healthy Makeover

### Ingredients:

8 ounces old-fashioned rolled oats, about 2 cups

1 1/2 ounces raw sunflower seeds, about 1/2 cup

3 ounces sliced almonds, about 1 cup

1 1/2 ounces wheat germ, about 1/2 cup

6 ounces honey, about 1/2 cup

1 3/4 ounces dark brown sugar, about 1/4 cup packed

1-ounce unsalted butter, plus extra for pan

2 teaspoons vanilla extract

1/2 teaspoon kosher salt

6 1/2 ounces chopped dried fruit,

any combination of apricots, cherries or blueberries.

#### Directions:

Butter a 9 by 9-inch glass baking dish and set aside. Preheat the oven to 350 degrees F. Spread the oats, sunflower seeds, almonds, and wheat germ onto a half-sheet pan. Place in the oven and toast for 15 minutes, stirring occasionally. In the meantime, combine the honey, brown sugar, butter, extract and salt in a medium saucepan and place over medium heat. Cook until the brown sugar has completely dissolved. Once the oat mixture is done, remove it from the oven and reduce the heat to 300 degrees F. Immediately add the oat mixture to the liquid mixture, add the dried fruit, and stir to combine. Turn mixture out into the prepared baking dish and press down, evenly distributing the mixture in the dish and place in the oven to bake for 25 minutes. Remove from the oven and allow to cool completely. Cut into squares and store in an airtight container for up to a week.

Total: 1 hr. Prep: 20 min Cook: 40 min Yield: 16 (2-inch) squares Level: Easy

# Almond-Bancroft Menus, February 2018

Breakfast	Menu
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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Oatmeal-32 g Whole Grain Toast-32 g	2 Cinnamon Roll-36 g Yogurt-20 g
5 Cereal-25 g Muffin-28 g	6 Frudel-37 g Yogurt-20 g	7 Breakfast Pizza-24 g	8 Cereal-25 g Whole Grain Toast-32 g	9 Bagel-29 g Yogurt-20 g
12 Pancake Sausage on a Stick-17 g	13 Scrambled Eggs-25 g Whole Grain Toast-32 g	14 Cereal-25 g Muffin-28 g	15 Breakfast Sandwich-42 g	16 Cinnamon Roll-36 g Yogurt-20 g
19 Cereal-25 g Muffin-28 g	20 French Toast Sticks-22 g	21 Breakfast Pizza-24 g	22 Cereal-25 g Muffin-28 g	23 No School
26 Pancake Sausage on a Stick-17 g	27 Breakfast Bar-37 g	28 Cereal-25 g Muffin-28 g		e, and fruit served with breakfast.

Morning Milk \$2.40-M-W PK \$2.40-T-Th PK \$5.70-K-5<sup>th</sup> (\$.30 a day) Breakfast Prices:
Reduced – No Charge
4K (M-W) – 8 days @ 1.40=\$11.20
4K (T-Th) – 8 days @ 1.40=\$11.20
K-12<sup>th</sup> grade – 19 days @ 1.40 = \$26.60

Breakfast Juice
Options
Apple Cherry-14 g
Apple-14 g
Grape-18 g
Orange-13 g

Milk Options

Skim-13 g 1% White-13 g F/F Chocolate-20 g

**Lunch Menu** 

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Pattie on Bun-48 g Wedges-15 g Baked Beans-29 g Peaches-17 g	2 Taco Meat-5 g Soft Shell-28 g Hard Shell-10 g Corn-17 g Pears-17 g
5 Chicken Nuggets-12 g Tater Barrels-16 g Baked Beans-29 g Fruit Cocktail-15 g	6 Pizza-37 g Salad Bar-2 g Pineapple-18 g	7 Hamburger on Bun-27 g French Fries-17 g Carrots-6 g Applesauce-22 g	8 Country Pork Chop-15 g Mashed Potatoes-15 g Green Beans-4 g Strawberries-22 g Whole Grain Bread-16 g	9 Corn Dogs-20 g Ravioli-30 g Corn-17 g Mandarin Oranges-20 g
12 Hot Dog on Bun-35 g Wedges-15 g Baked Beans-29 g Peaches-17 g	13 Beefy Nachos-16 g Corn-17 g Pears-17-g	14 Mostaccioli-12 g Salad Bar-2 g Pineapple-18 g	15 Chicken Fajita-14 g Carrots-6 g Fruit Cocktail-15 g	16 Cheese Fries-35 g Salad Bar-2 g Applesauce-22 g
19 BBQ Pork-10 g Whole Grain Bun-22 g French Fries-17 g Broccoli-15 g Mandarin Oranges-20 g	20 Beef Gravy-6 g Mashed Potatoes-15 g Corn-17 g Peaches-17 g	21 Frito Chili-52 g Veggies & Dip-16 g Pears-17 g	22 Cheese Ravioli-36 g Salad Bar-2 g Pineapple-18 g	23 No School
26 BBQ Riblet-12 g on Bun-22 g Wedges-15 g Green Beans-4 g Applesauce-22 g	27 Chicken & Gravy-24 g Mashed Potatoes-15 g Peas-11 g Strawberries-22 g	28 Grilled Cheese-46 g Tomato Soup-2 g Veggies & Dip-16 g Peaches-17 g	vegetables se	ruit, and/or fresh erved as an option in every lunch.

Disclaimer: Nutrient values have been determined utilizing approved software comprised of common foods found in the USDA database and standardized recipes. These results should be viewed and used only as a general nutrition guide— and not for medical nutrition therapy. This is a close approximation of the true nutrient content since various factors influence the amounts of nutrients in foods.

This institution is an equal opportunity provider.

**Lunch Prices:** 

Reduced 4K (M-W) -8 days @ .40= \$3.20 Reduced 4K (T-Th) -8 days @ .40= \$3.20 Reduced K-12 -19 days @ .40 = \$7.60 4K (M-W) -8 days @ 2.15= \$17.20 4K (T-Th) -8 days @ 2.15= \$17.20 K-5<sup>th</sup> grade -19 days @ 2.15 = \$40.85  $6^{th} - 12^{th}$  grade -19 days @ 2.40 = \$45.60



# 4K Registration 2018-2019

The Almond-Bancroft School District will be sending out letters soon to all district families that have a student eligible for Pre-Kindergarten (4K) during the 2018-2019 school year. If you or someone you know has a child who will be 4 before September 1, 2018, they are eligible! However, they will need to have registered their child on the school's census in order to be on the mailing list.

In addition, the School District will also be sending out Preschool Questionnaires to all district children that are between the ages of 30-40 months. The questionnaire that is enclosed will be specific to his/her age range. Families need to have registered their child on the school's census to receive a packet. Not all children of this age are on our census.

# How do we get added to the census?

If you, <u>or someone you know</u>, have young children not on the census, please call/have them call Sandy Barden at 715-366-2941 x108 and provide her with the child's name, birthdate, and address. Please note: children can be added to the school census at any age – they do not need to be 30 months!

## Almond-Bancroft School T-Shirts!

Families that complete and return the Preschool Questionnaire by the end of February 2018 will receive a special thank you gift that includes a "Future AB Eagle" t-shirt with the new school logo.



# Free English Classes for Adults Clases de Ingles Gratis para Adultos

English classes are offered on Fridays from 6:00 pm to 8:00 pm at the Almond United Methodist Church.

Se ofrecen clases de ingles los Viernes de 6:00 pm a 8:00 pm en la Almond United Methodist Church.

Almond United Methodist Church 98 County Rd J Almond, WI 54909

For registration information please call:

Para informacion de registracion por favor llame: 715-345-5341

Almond-Bancroft School 1336 Elm St Almond, WI 54909 Non-Profit Org. US Postage Paid Almond, WI 54909 Permit #1 "PRSRTD." "ECRWSS"

**BOXHOLDER**